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Gender differences in the subjective well-Being

The results regarding whether men and women differ in terms of their well-being levels has been highly inconsistent. To the more conclusive understanding the past research regarding on the relationship between the gender and subjective well-being (i.e., life satisfaction, positive affect, and negative affect), we summarize the current state of the literature on the subject including both the large scale, nationally representative of empirical papers as well as the past meta-analyses on the subject. Next, we review the past explanations behind the presence of gender differences in the subjective well-being as well as explanations behind the lack of gender differences in the subjective well-being. We conclude by addressing the current limitations of the present research and important future directions to further disentangle the remaining questions regarding gender differences in the subjective well-being.

Ключевые слова: gender differences, sex differences, subjective well-being, affect.

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